

## SOLUBILIZATION OF SOME NON-STEROIDAL ANTI-INFLAMMATORY DRUGS (NSAIDs) BY PLURONIC F-127 BLOCK COPOLYMER

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تم في هذه الدراسة اذابة بعض مضادات الالتهاب مثل البيروكسيكام والايوبروفين والاندوميثاسين بواسطة البلورونك ف عند درجات حرارة مختلفة هي على الترتيب و و و درجة مئوية وقد استعملت عدة تركيزات من البلورونك وجميعها أعلى من تركيز الدرجة الحرجة لتكوين الميسل. وقد تم دراسة تأثير درجة الحرارة على ذوبان هذه العقاقير وحساب قدرة البلورونك على تذويب العقاقير وكذلك معامل توزيع العقاقير بين الوسط المائي والميسل المتكون في المحاليل. وقد وجد أن تذويب العقاقير المستخدمة يزداد طرديا بزيادة تركيز البلورونك المستعمل وتوجد علاقة طردية بين قدرة البلورونك على تذويب العقاقير المستعملة في الدراسة ودرجة الحرارة وأيضا علاقة عكسية بين معامل توزيع هذه العقاقير بين الوسط المائي والميسل ودرجة الحرارة وكان تأثير البلورونك على تذويب الايوبروفين أقوى منه على تذويب الاندوميثاسين ثم البيروكسيكام. وتم حساب الحرارة الديناميكية لتذويب العقاقير في البلورونك ف لدراسة النظام الحرارى للمحاليل وشملت هذه المعاملات الحرارية حرارة الاذابة ( ) وتغيير الطاقة الحرة لنقل العقاقير بين الوسط المائي الى الميسل ( ج ) والانتروبي ( . س). وقد وجد أن ( ج ) سالبة القيمة وأن الانتروبي موجب القيمة مما يدل على أن عملية التذويب تلقائية. كذلك تم دراسة تأثير البلورونك ف على معدل الذائبية لهذه العقاقير وقد أثبتت النتائج زيادة معدل الذائبية للعقاقير المستعملة في هذه الدراسة بزيادة تركيز البلورونك ووجد أنه توجد علاقة وثيقة بين ذوبان العقاقير ومعدل ذائبيتها عند نفس درجة الحرارة.

*This work is an attempt to solubilize certain non-steroidal anti-inflammatory drugs such as Piroxicam (PXM), Ibuprofen (IBU) and Indomethacin (IND), through the use of hydrophilic surfactant pluronic F-127 (Pl. F-127), which was used in different concentrations above its critical micelle concentration (CMC). The solubility of the investigated drugs was enhanced, and was linearly correlated with the surfactant concentration. The effect of temperature on the solubilization capacity of the surfactant and the distribution coefficient of the drugs between the micellar and aqueous phases was determined. It was found that, there is a direct relationship between the solubilization capacity of surfactant toward the used drugs and temperature and there is an inverse relationship between the distribution coefficient and temperature. These observations were more obvious for IBU than IND and PXM.*

*The change in heat of solution ( $\Delta H$ ), free energy ( $\Delta G$ ) and entropy ( $\Delta S$ ) as a result of solubilization of the investigated drugs were calculated. The data prevailed that, the presence of Pl. F-127 energetically favors the solubility of the used drugs and more favorable by increasing the surfactant concentration. The dissolution study was performed for these drugs. Pl. F-127 proved its ability to enhance the dissolution rate of the investigated water insoluble drugs.*

### INTRODUCTION

Solubilization refers to the phenomenon of an increase in the solubility of insoluble substances in a solvent medium caused by the

presence of amphiphilic aggregates. The aggregates provide a microenvironment conducive to the solubilization of molecules, which are otherwise only sparingly soluble in the bulk solvents. In aqueous solutions containing

surfactant micelles, the solubility of hydrophobic solutes is increased by many orders of magnitude.<sup>1</sup>

Solubilization in surfactant solutions above the critical micelle concentration offers a good approach to the formulation of water insoluble drugs. This technique has attracted great attention, not only for its intrinsic scientific interest but also it has many technical applications.<sup>2-5</sup>

The drugs, which were used in this study are Piroxicam (PXM), Ibuprofen (IBU) and Indomethacin (IND), they are non-steroidal anti-inflammatory drugs (NSAIDs) and also possesses analgesic properties. They are poorly water-soluble drugs and therefore their dissolution would be limited. By increasing their water solubility, their bioavailability will be improved.<sup>6-8</sup>

Pluronic F-127 (Pl.F-127) is one of many polyoxyethylene-polyoxypropylene-polyoxyethylene type block copolymers, It is a nonionic surfactant and it has many useful characteristics such as low toxicity and gelling property.<sup>9</sup> Also it has been employed as a vehicle in various pharmaceutical dosage forms.<sup>10-13</sup>

In the present work different non-steroidal anti-inflammatory drugs namely Piroxicam (PXM), Ibuprofen (IBU) and Indomethacin (IND) were solubilized by different concentrations of pluronic F-127 above its critical micelle concentration (CMC) and at different temperatures, then the solubilizing capacity of the surfactant was calculated, Van't Hoff plots were performed for the drugs in the investigated solutions. Furthermore, the thermodynamic parameters of the solubilized drugs were determined. Also the dissolution rates of drugs in different concentrations of pluronic solutions were determined.

## EXPERIMENTAL

### Materials

Piroxicam (Sedico Chemical Company Cairo, Egypt), Indomethacin, Ibuprofen (Egyptian International Pharmaceutical Co., Egypt), Pluronic F-127 (BASF Aktiengesellschaft, Ludwigshafen, Germany). Other materials and solvents are of reagent or analytical grades.

## Methods

### Solubility measurements

Excess quantities of different drugs were placed in glass-stoppered bottles together with 20 ml of aqueous solutions of different concentrations of pluronic F-127 (0.03, 0.06, 0.125 and 0.25 mM). Solutions were shaken for 24 hr. into a shaking water bath (SBS Instruments, Germany) at different temperatures (37, 45, 50 and 60°) and controlled within  $\pm 0.5^\circ$ . This period was found to be sufficient for attaining equilibrium. After the equilibrium was established, samples were filtered through 0.45  $\mu\text{m}$  Millipore membrane filter and assayed spectrophotometrically (UV. 1601- Shimadzu Co., Japan) at 334 nm for piroxicam,<sup>14</sup> at 265 nm for Ibuprofen<sup>15</sup> and at 318 nm for Indomethacin<sup>16</sup> against a suitable blank containing the corresponding surfactant solution.

### Dissolution rate studies

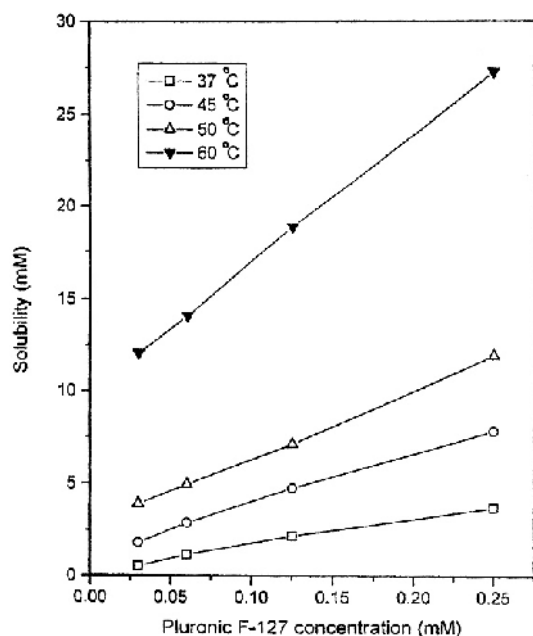
The dissolution rate of the drugs was studied using USP dissolution apparatus (Erwicka Co. Germany). Accurately weighed piroxicam, indomethacin and ibuprofen (10, 50 and 200 mg respectively) were dispersed in the dissolution medium (900 ml of surfactant solutions) at  $37 \pm 0.5^\circ$  which was immediately stirred at 50 rpm. At different appropriate time intervals, 5.0 ml samples were withdrawn, filtered (if necessary), (diluted if necessary, for low concentration of pluronic the dilution was 1:5 and for high concentration it was 1:10) and the absorbance was measured. Equal volumes of fresh dissolution medium was replaced to keep the volume constant. The cumulative amounts of the drugs dissolved were calculated.

## RESULTS AND DISCUSSION

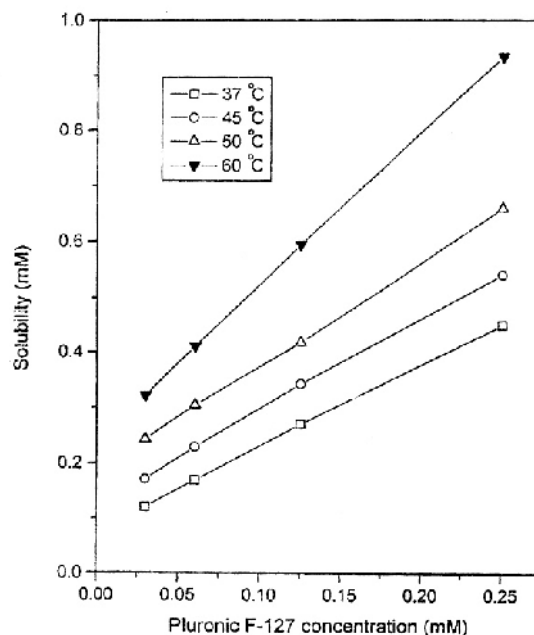
For the development of a liquid pharmaceutical formulations, the solubility of the active ingredients in the vehicle is often an important factor to determine the suitable dose. The poor solubility of anti-inflammatory drugs limiting their use in aqueous preparations. Pluronic F-127, a hydrophilic surfactant, is used to enhance the solubility of these drugs.

**Effect of different concentrations of Pl. F-127 on the aqueous solubility of the used drugs**

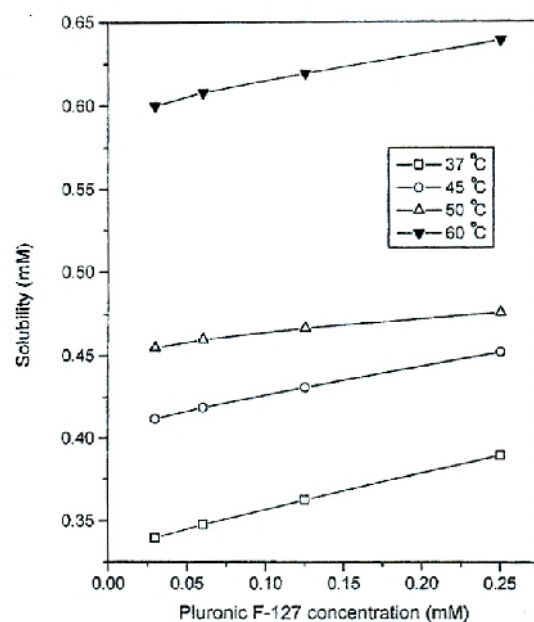
The solubilization of PXM, IBU, and IND in different concentrations of aqueous solutions of Pl. F-127 (0.03, 0.06, 0.125 and 0.25 mM) at different temperatures were shown in Figures 1-3. It is obvious that the solubility of these drugs were increased in the presence of the surfactant. For the highest concentration of Pl. F-127 (0.25 mM) and at 37°, approximately, seven-fold, fifty-fold and two-fold increase was noted for IBU, IND, and PXM respectively. The solubilization of drugs in a surfactant solution has been suggested to occur due to the increased partitioning of solute molecules into the micelles, which could be considered as a separate, pseudo phase.<sup>17</sup> The value of the critical micelle concentration (CMC) for Pl. F-127 is 0.01 mM<sup>18</sup> which was small compared to the concentrations used in this study (0.03-0.25 mM). The solubilizing effect of Pl. F-127 was more pronounced on the IND followed by IBU and lastly PXM. This result is a reflection of the lowest solubility of IND in pure water.<sup>8</sup> The higher solubilizing effect of Pl.F-127 on IBU than PXM might due to the smaller molecular of IBU, which help the molecule to be easily inserted into the micelle.



**Fig. 1:** Solubility profiles of Ibuprofen in different concentrations of aqueous solutions of pluronic F-127 at different temperatures.



**Fig. 2:** Solubility profiles of Indomethacin in different concentrations of aqueous solutions of pluronic F-127 at different temperatures.



**Fig. 3:** Solubility profiles of Piroxicam in different concentrations of aqueous solutions of pluronic F-127 at different temperatures.

In general, the plots of drug solubility against surfactant concentrations at the investigated temperatures indicated a linear relationship in the predetermined concentration range (0.03-0.25 mM). These results were in agreement with that reported by Suh and Jun,<sup>9</sup> they reported that, the linear increase in the solubility of naproxine as a function of Pl.F-127 concentration and they suggested that the total micellar volume into which the drug partitioned was depend on the concentration of Pl. F-127 present.

The solubilization of a slightly water-soluble compound can be treated in terms of association equilibrium between the solutes and the micelles in a micellar solution.<sup>19</sup> Thus:



Where  $D_m$  and  $D_w$  are the drug solubilized in the micellar and bulk water,  $M$  is the micellar concentration and  $k_m$  is the distribution coefficient of the drug between the micellar and bulk aqueous phases.

Accordingly, the following relationships were derived:

$$K_m = S_m / S_w M \dots\dots\dots (2)$$

$$\text{and } S_t = S_m + S_w \dots\dots\dots (3)$$

$$\text{so } S_t = k_m S_w M + S_w \dots\dots\dots (4)$$

Where  $S_m$  and  $S_w$  are the solubility of the drug in the micellar and bulk aqueous phases, respectively,  $M$  is the molar concentration of the surfactant solution and  $S_t$  is the total molar solubility of the drug in the micellar solution. Therefore, a plot of  $S_t$  versus  $M$  will produce a straight line with an intercept of  $S_w$  and a slope of a  $K_m S_w$ , which is the solubilizing capacity of the micelles. The slopes were determined by linear regression and the distribution coefficient ( $k_m$ ) can be calculated.

Table 1 presents the solubilizing capacity and distribution coefficient of IBU, IND and PXM between the micellar and bulk aqueous phases. It was found that the solubilizing capacity of Pl. F-127 towards the used drugs could be ranked in this manner Ibuprofen > Indomethacin > Piroxicam. This is due to the difference in the molecular weights of drugs, where IBU has the smallest while, there is a small difference between IND and PXM in the molecular weight. It was also found that, the solubilizing capacity of Pl. F-127 towards IBU and IND increases significantly by increasing temperature while a slight increase was observed in case of PXM. The distribution coefficient ( $k_m$ ) of IBU and IND decreased by increase the temperature but still constant in case of PXM.

**Table 1:** Effect of different temperatures on the solubilizing capacity and distribution coefficient of Ibuprofen, Indomethacin, Piroxicam between micellar solution of pluronic F-127 and aqueous phases.

Temperature	Ibuprofen		Indomethacine		Piroxicam	
	Solubilizing Capacity	Distribution Coefficient (mM <sup>-1</sup> )	Solubilizing capacity	Distribution Coefficient (mM <sup>-1</sup> )	Solubilizing capacity	Distribution Coefficient (mM <sup>-1</sup> )
37°	13.60	37.73	1.225	11.97	0.1900	0.200
45°	25.59	18.69	1.435	11.85	0.1901	0.200
50°	35.44	11.87	1.945	11.11	0.1909	0.204
60°	72.67	7.55	2.58	11.05	01990	0.240

The solubilizing capacity ( $K_m S_w$ ) and distribution coefficient ( $k_m$ ), were calculated by plot of  $S_t$  (solubility of drug) versus  $M$  (molar concentration of surfactant will produce a straight line with an intercept of  $S_w$  and a slope of a  $K_m S_w$ , which is the solubilizing capacity of the micelles. The slopes were determined by linear regression and the distribution coefficient ( $k_m$ ) can be calculated.

These results were in agreement with Suh and Jun,<sup>9</sup> the authors reported that, the size of micelles was increased by increasing the temperature until a threshold temperature, approximately 20° below the cloud point of the surfactants, was reached. They showed that, the micellar volume expands rapidly and asymmetrically, thus causing an increase in drug loading into the micelles. In this experiment, the highest temperature used was 60°, far below the cloud point of Pl. F-127, which is to be 100°.

### Thermodynamic Parameters

Thermodynamic parameter enthalpy change ( $\Delta H$ ), free energy change ( $\Delta G$ ), entropy change ( $\Delta S$ ) associated with the solubilization of the tested drugs in the Pl. F-127 solution was calculated. These parameters are particularly useful in understanding the thermodynamic phenomenon involved in the micellar solubilization.

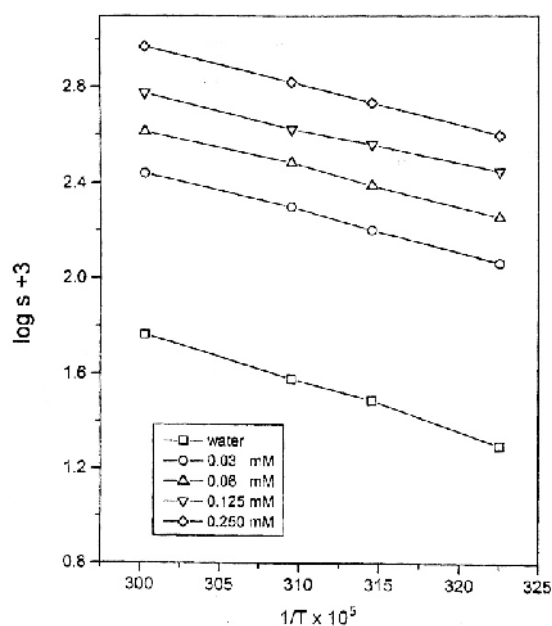


Fig. 4: Van't Hoff plot of Ibuprofen in aqueous solutions of pluronic F-127.

It was evident from Figures 4-6 that, the solubility increased in all cases with increasing temperature indicating that the solution process is endothermic, thus heat is absorbed when drug was dissolved. The values of the heat of solution ( $\Delta H$ ) (Tables 2-4) were calculated from the slopes of vant' Hoff plot using the Sokoloski formula.<sup>20</sup>

$$\ln C_s = \Delta H/RT + J \dots \dots \dots (5)$$

Where  $C_s$  is the solubility,  $\Delta H$  is the heat of solution (cal/mole),  $R$  is the molar gas constant (1.987 cal./deg. mole),  $T$  is the absolute temperature (K) and  $J$  is a constant.

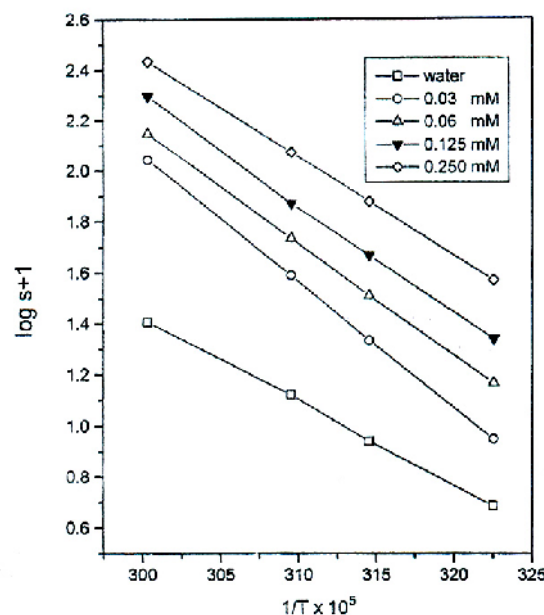


Fig. 5: Van't Hoff plot of Indomethacine in aqueous solutions of pluronic F-127.

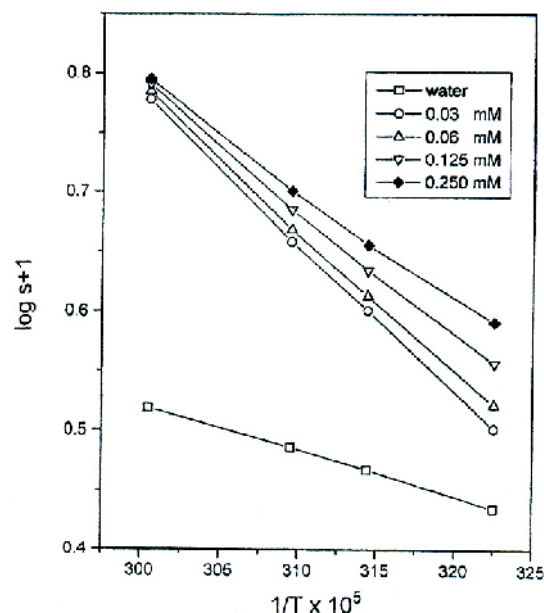


Fig. 6: Van't Hoff plot of Piroxicam in aqueous solutions of pluronic F-127.

**Table 2:** Thermodynamic parameters for the solubilization of Ibuprofen in different concentrations of pluronic F-127 solution.

Pluronic F-127 conc. (mM)	H	Temperature							
		37°		45°		50°		60°	
		G	S	G	S	G	S	G	S
0.0	20.66	===	===	===	===	===	===	===	===
0.03	20.06	-0.667	649	-0.4421	644	-0.6941	642	-0.3600	613
0.06	20.01	-0.678	667	-0.8448	655	-0.9089	647	-0.5202	616
0.125	19.62	-0.924	662	-1.0850	651	-1.0806	641	-0.7480	612
0.250	17.80	-1.252	615	-1.3835	603	-1.4101	595	-0.9573	563

H: the enthalpy change (k cal./mole)

G: the free energy change (k cal./mole)

S: the entropy change (cal./deg. mole)

**Table 3:** Thermodynamic parameters for the solubilization of Indomethacin in different concentrations of pluronic F-127 solution.

Pluronic F-127 conc. (mM)	H	Temperature							
		37°		45°		50°		60°	
		G	S	G	S	G	S	G	S
0.0	18.13	===	===	===	===	===	===	===	===
0.03	8.128	-1.535	311	-1.408	299	-1.138	286	-1.080	276
0.06	7.436	-1.779	297	-1.634	285	-1.336	2715	-1.295	262
0.125	6.672	-2.054	281	-1.881	269	-1.539	254	-1.540	246
0.250	6.655	-2.267	287	-2.134	276	-1.833	262	-1.840	255

H: the enthalpy change (k cal./mole)

G: the free energy change (k cal./mole)

S: the entropy change (cal./deg. mole)

**Table 4:** Thermodynamic parameters for the solubilization of Piroxicam in different concentrations of pluronic F-127 solution.

Pluronic F-127 conc. (mM)	H	Temperature							
		37°		45°		50°		60°	
		G	S	G	S	G	S	G	S
0.0	4.99	===	===	===	===	===	===	===	===
0.03	5.02	-0.135	166	-0.2139	165	-0.2391	163	-0.410	163
0.06	4.90	-0.149	165	-0.2256	163	-0.2465	161	-0.4205	161
0.125	4.77	-0.172	159	-0.2423	158	-0.2558	157	-0.4315	156
0.250	4.22	-0.219	143	-0.2728	141	-0.2685	139	-0.4464	140

H: the enthalpy change (k cal./mole)

G: the free energy change (k cal./mole)

S: the entropy change (cal./deg. mole)

The free energy change ( $\Delta G$ ) for the transfer of the drug from the aqueous phase to that in water to micellar phase was calculated from the following thermodynamic relationship, Feldman and Gibaldi:<sup>21</sup>

$$\Delta G = -2.303 RT \log S_s/S_w \dots\dots\dots (6)$$

Where  $S_w$  and  $S_s$  are the solubilities of the drug in water and solubilizing agent, respectively, and  $T$  is the absolute temperature.

Free energy ( $\Delta G$ ) is defined as  $\Delta G = \Delta H - T\Delta S$ , where  $\Delta S$  is entropy. So, the entropy of solubilization could be calculated.

The values of  $\Delta H$ ,  $\Delta G$  and  $\Delta S$  were summarized in Tables 2-4. The values of  $\Delta H$  are positive, which indicated that, the micellar solubilization of the drugs is an endothermic process. However, it was noticed that the values of  $\Delta H$  in surfactant solutions are lower than that of water. As the heat required to break up the crystal will be the same for the dissolution in water as in a surfactant, either the heat of solution differs from that in water or an interaction between the drug and the surfactant molecules account for the difference in heat changes.<sup>22</sup> The decrease in  $\Delta H$  values was found to be in the following descending order IND, IBN and PXM. For all systems (in this study),  $\Delta G$  was a negative value indicating spontaneous solubilization.

At a constant temperature,  $-\Delta G$  decrease with increasing the surfactant concentration; indicating that, the transfer of the drug into the polymer solution is energetically favorable.<sup>23</sup>

The positive values of entropy,  $\Delta S$ , suggested a decrease in the degree of ordering of layer of water molecules surrounding the non polar part of pluronic when the drug was dissolved in the micellar phase. During this process, a disruption of the water structure surrounding the hydrophobic drug molecules could increase the entropy of the system. Conversely, the entrapment of the drug molecules within the micelles could restrict its activity, causing a decrease in entropy of the system. However the net decrease in entropy suggested that the disruption of water structure

was not sufficient to compensate for the entropy loss due to the micellar entrapment of the drug molecules.<sup>23-24</sup>

### Dissolution rate studies

Figures 7-9 illustrated the dissolution profiles of IBU, IND and PXM in different concentrations of Pl. F-127 solutions. The dissolution rates of the studied drugs increased by increasing the surfactant concentration, this is due to micellar solubilization. The data presented in Table 5 showed that, there was a correlation between the amount dissolved of the investigated drugs in Pl. F-127 solutions and their solubility in the surfactant at the same temperature (37°). It was found that, there was a very strong correlation between the amount dissolved and the solubility of IBU ( $r = 0.977$ ), IND ( $r=0.911$ ) and a strong correlation between the amount dissolved and the solubility of PXM ( $r = 0.897$ ).

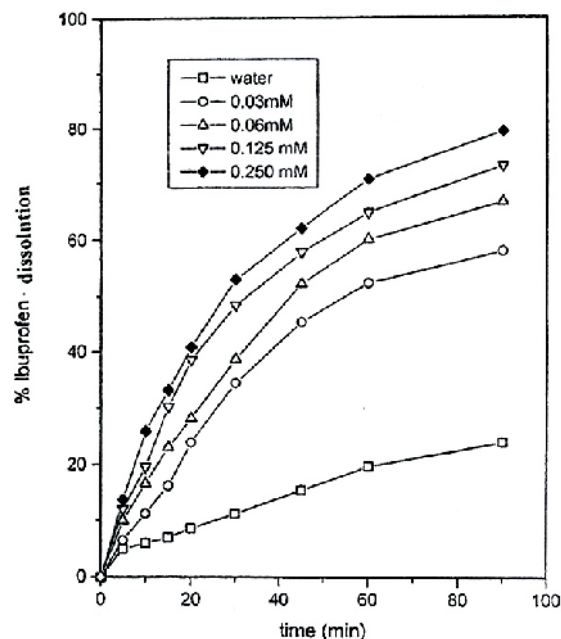
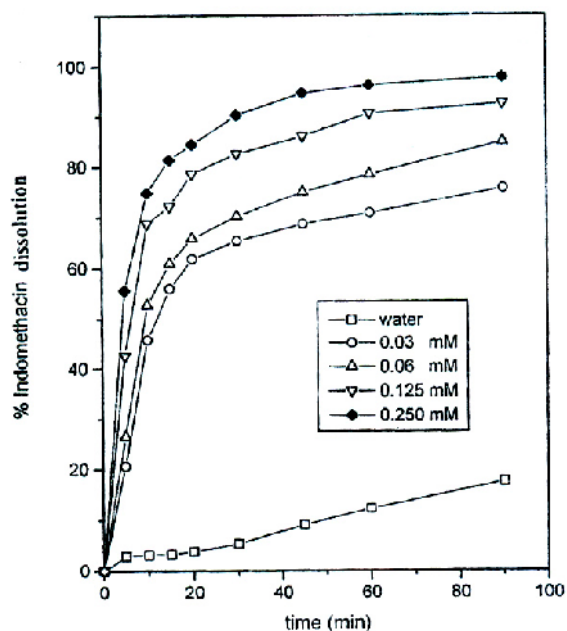
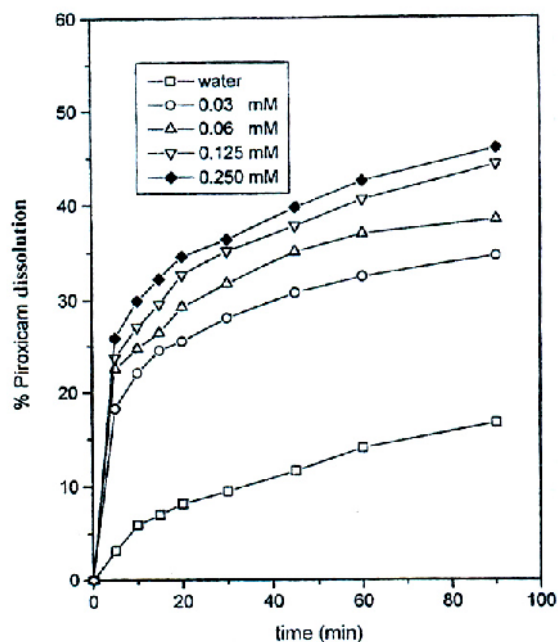


Fig. 7: Dissolution profiles of Ibuprofen in different concentration of aqueous solution of pluronic F-127 at 37°.



**Fig. 8:** Dissolution profiles of Indomethacin in different concentration of aqueous solution of pluronic F-127 at 37°.



**Fig. 9:** Dissolution profiles of Piroxicam in different concentration of aqueous solution of pluronic F-127 at 37°.

**Table 5:** Correlation between the percent amount dissolved of Ibuprofen, indomethacin and piroxicam and their solubility in pluronic F-127 at 37 °

Drug		Pluronic F-127 (mM)				Correlation coefficient (r)
		0.03	0.06	0.125	0.25	
Ibuprofen	Solubility (mM)	0.114	0.303	0.452	0.769	0.977
	% amount dissolved	58.06	66.55	73.15	79.55	
Indomethacin	Solubility (mM)	0.010	0.180	0.281	0.397	0.911
	% amount dissolved	75.80	76.92	94.5	97.76	
Piroxicam	Solubility (mM)	0.340	0.348	0.361	0.390	0.897
	% amount dissolved	34.57	38.40	44.30	45.96	



## Conclusion

Solubility studies showed a solubilizing effect of Pl. F-127 on IBU, IND and PXM. Increasing the temperature enhances the solubilizing capacity of Pl. F-127 toward the used drugs. The negative values of free energy and heat of solution indicated that the presence of Pl. F-127 favors the dissolution of these drugs. Moreover, increasing polymer concentration leads to a further decrease in  $\Delta H$  indicating that the process becomes more favorable with higher polymer concentrations. Despite the close similarity in the values of the heat of solution ( $\Delta H$ ) for Piroxicam. The free energy changes ( $\Delta G$ ) at different temperatures indicated that, the spontaneous partitioning of PXM into the micelles of Pl. F-127. Also, Pl. F-127 successfully improved the dissolution rate of the used drugs.

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